



## Seminar Series 2019-20

### Applying Motivational Interviewing in Educational Leadership Contexts for Positive Change

**Presenter: Prof Richard Ogle**, Senior Associate Provost for Academic Affairs, University of North Carolina Wilmington USA

Thursday, 12 September 2019 16:00 – 18:00, St. Andrews Building, Room 432

#### Abstract

*If you treat an individual as he is, he will stay as he is, but if you treat him as if he were what he ought to be and could be, he will become what he ought to be and could be.* —Johann Wolfgang von Goethe

#### *Educational Leadership in Contexts of Change:*

Ambivalence and resistance abound in the current dynamic and unstable state of academia, and educational contexts more widely. This has been compounded by the recent influx of corporate models of engagement and change management in education that do not address ambivalence and that view resistance as coming solely from the staff member, who in turn is viewed as the enemy of progress. Fortunately, there are other models for facilitating change that address the problem of ambivalence and resistance—one evidence-based approach is motivational interviewing.

#### *But what is Motivational Interviewing?:*

Motivational interviewing (MI) is a collaborative communication style for strengthening an individual's intrinsic motivation and commitment to change (Miller and Rollnick 2013). It is a process by which you attempt to increase engagement and behavior change—to engage with individuals such that they feel understood, heard, and able to articulate their own arguments for change. With more than thirty years of research behind it, MI is effective in facilitating behavior changes in contexts ranging from substance abusers entering treatment, dietary changes in diabetics, and medication compliance in cardiovascular disease to increasing water sanitation practices in remote South African villages. Over the last ten years, MI has been adapted to organizational change and is now moving into academia as a way to increase educational engagement.

Prof Ogle is a clinical psychologist with specialized training in addictions, PTSD and treatment outcome research. His program of research has two foci. Firstly, he studies the role of alcohol in interpersonal and sexual aggression. He also studies the effectiveness of neurofeedback as a treatment for ADHD and PTSD. He has led a variety of graduate and undergraduate courses related to clinical psychology and behavioural medicine.

Dr. Ogle is also an award-winning teacher and mentor. He is the recipient of the UNCW Chancellor's Teaching Excellence Award, the Distinguished Teaching Professorship, and the Graduate Mentor Award. As a clinical psychologist, he has clinical expertise in the fields of addictive behaviours, post-traumatic stress. He has consulted widely on issues of engagement, motivation, and change in clinical, corporate, and academic settings, and has held multiple leadership roles at UNCW, including his current roles as Senior Associate Provost for Academic Affairs & Acting Dean for the College of Arts & Sciences.

All are welcome. Tea and Coffee will be available

**To register:**

<https://www.eventbrite.co.uk/e/applying-motivational-interviewing-in-educational-leadership-contexts-for-positive-change-with-prof-tickets-70506598133>