



Event taking place at Senghor University in Alexandria from March 7 to 9, 2023

#UNIVERSITÉSENGHOR  
université internationale de langue française  
au service du développement africain



Under the patronage of Mrs Audrey Azoulay, Director General of UNESCO, Mrs Marija Pejčinović Burić, Secretary General of the Council of Europe and H. E. Mr Marc Baréty, Ambassador of France to the Republic of Egypt

EVENT

Lifelong Learning World Committee (CMATlv)

# 7<sup>th</sup> World Forum

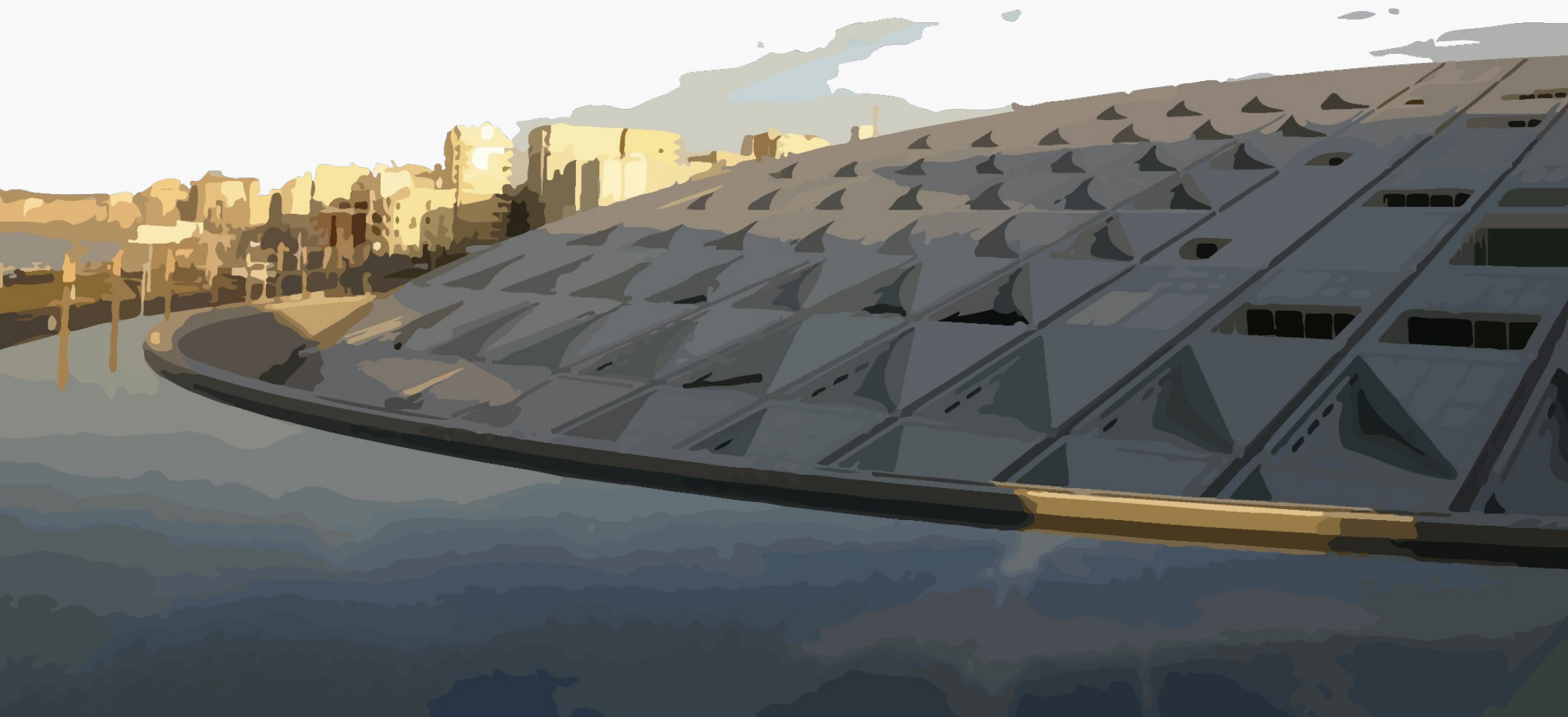
Health education for everyone, today and tomorrow | 7-9 march 2023



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Le COMITÉ MONDIAL POUR LES  
APPRENTISSAGES TOUT AU LONG DE LA VIE  
(CMA tlv)  
LIFELONG LEARNING WORLD COMMITTEE  
世界终身学习委员会  
COMITÉ MUNDIAL PARA EL APRENDIZAJE A LO  
LARGO DE TODA LA VIDA

## Is organizing its

VII<sup>th</sup> WORLD FORUM FOR LIFELONG LEARNING, 7,  
8 and 9 March 2023 under the patronage of Mrs. Marija  
Pejčinović Burić, Secretary General of the Council of  
Europe  
and H.E. Mr Marc Baréty, Ambassador of France in  
Republic of Egypt



WITH THE PARTICIPATION OF

#UNIVERSITÉSENGHOR



Official UNESCO  
NGO Partner



INGO with partici-  
patory status at the  
Council of Europe

#UNIVERSITÉSENGHOR  
université internationale de langue française  
au service du développement africain

In partnership with  
Université Senghor,  
Alexandria, EGYPT

PARTNERS

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UNESCO, CMAtlv includes all sectors of society (social, economic, cultural, academic, associative, institutional...).

This international NGO's main objective is to work so that everyone, whatever their age and condition, can benefit from better access to learning of all kinds in order to facilitate their sustainable inclusion in society, their existence in the dignity and development. In doing so, the CMAtlv participates in the development of a more egalitarian, peaceful and sustainable humanity.

The CMAtlv, recognized as an official partner of UNESCO since 2017, an active member of the NGO-UNESCO Liaison Committee, wishes to contribute to the momentum of NGOs to achieve the 2030 goals and is resolutely committed to the implementation of the 17 Goals of Sustainable Development.

The CMAtlv, in conjunction with the European Commission, has just been granted participatory status with the Council of Europe (October 2022).

The network dynamic that we animate works to decompartmentalize systems, open windows, build bridges, discover new stars to promote a fairer and better humanity to live for everyone, wherever they are, whatever their age, their gender.



## Senghor University

Senghor University is an international organization, a direct operator of La Francophonie, created in 1989. Its mission is to train, in French, creative executives, capable of meeting the challenges of sustainable development in Africa.

With the ambition of becoming a major player in the training and capacity building of executives in Africa and for Africa, Senghor University offers, in Alexandria and on its 12 other campuses in Africa and Europe, specialized masters and short training courses responding to the skills building needs of executives for the development of Africa. With a network of more than 350 professors and experts, coming from all over the French-speaking world as well as its collaborations with major institutions and international organizations, it delivers training of excellence, adapted to the African context.

The Masters specialties offered by Senghor University are mainly project management training in 4 main areas of action that structure the University into as many departments: Culture, Environment, Management and Health. In total, more than 30 Masters courses (1 or 2) are implemented across the African continent.



## The CMAtlv World Forums

The World Forum for LifeLong Learning is intended to be a space-time conducive to the development of collective intelligence in the service of the search for innovative avenues. The CMAtlv invites its historical partners: the UIL (UNESCO Institute for Lifelong Learning), the ICAE (International Council for Adult Education), the CENTER INFFO and many others who have joined us on the way or are rallying for the interest of the topic.

- I. "Towards lifelong learning". France, Paris 2008, UNESCO
- II. "What happens to the learner in the planet village?". China, Shanghai 2010
- III. "Lifelong Learning: Why? How ?". Morocco, Marrakesh 2012
- IV. "Lifelong learning for all: a challenge to be met, a shared desire". France, Paris 2015 UNESCO and Musee d'Orsay
- V. "Contribute to the objectives of sustainable development through lifelong learning". Spain, Madrid 2017 at UNED
- VI. "Towards sustainable personal and professional fulfillment". Belgium, Brussels 2021 at the Maison des Associations Internationales and online

These WORLD FORUMS gave rise to "Acts" carried out thanks to the gracious logistical assistance of the CNFPT. They can be consulted on the website [www.cmatlv.org](http://www.cmatlv.org)



## General Presentation<sup>1/2</sup>

We learn too little to live in good health and to develop our well-being! We often wait until we are sick to take care of ourselves. Isn't it time to reverse this order of things?

What are all the learnings that a person should acquire from an early age and throughout his life to pursue it in good health and protect himself from both physical and mental troubles? Know your own body, its functioning, its needs; knowing how to feed it with all healthy foods, knowing how to maintain it... learning to respect it, if not to love it: aren't these fundamentals that should be made known to everyone?

Isn't it also necessary to learn to be weak, sick, convalescent? To ask for help, to be accompanied, treated and advised to live at best? What about self-medication, which is growing thanks to the internet?

Can we be healthy in an environment that is not itself? How to be in good health in a country at war, in misery, in forced exile, in the deprivation of fundamental freedoms, in the face of growing inequalities, violence and injustice?

Taking care of others, of those around you, of where you live, of the planet: isn't this a sine qua non of personal well-being? Acting to help others, to make society better: does this type of action have an impact on one's health? Taking care of children, the elderly, those who need it the most, isn't it essential for everyone who can?

At the collective level: what can we learn from this period of health crisis? What does the decline of the planet teach us? Above all, how can humans learn to get out of the current situation to live tomorrow in as good health as possible, for as long as they

What transformations must the systems - education, care, training for health professions, international organizations (WHO, NGOs, etc.) and national organizations (Ministries of Health) undertake?

Are there places, enlightening experiences, right now? What can we learn from the story? What do civilizations of the past teach us? What does Egypt, for example, beacon of humanity, teach us?

In the LLL arena that the CMAIv has set itself the mission of promoting, those in favor of health today take on predominant, urgent importance. To this end, it has created a permanent working group made up of international experts. It has decided to devote to it, with the support of its partner Senghor University in Alexandria (Egypt) and its committee of experts, the main theme of its VII WORLD FORUM for Lifelong Learning.

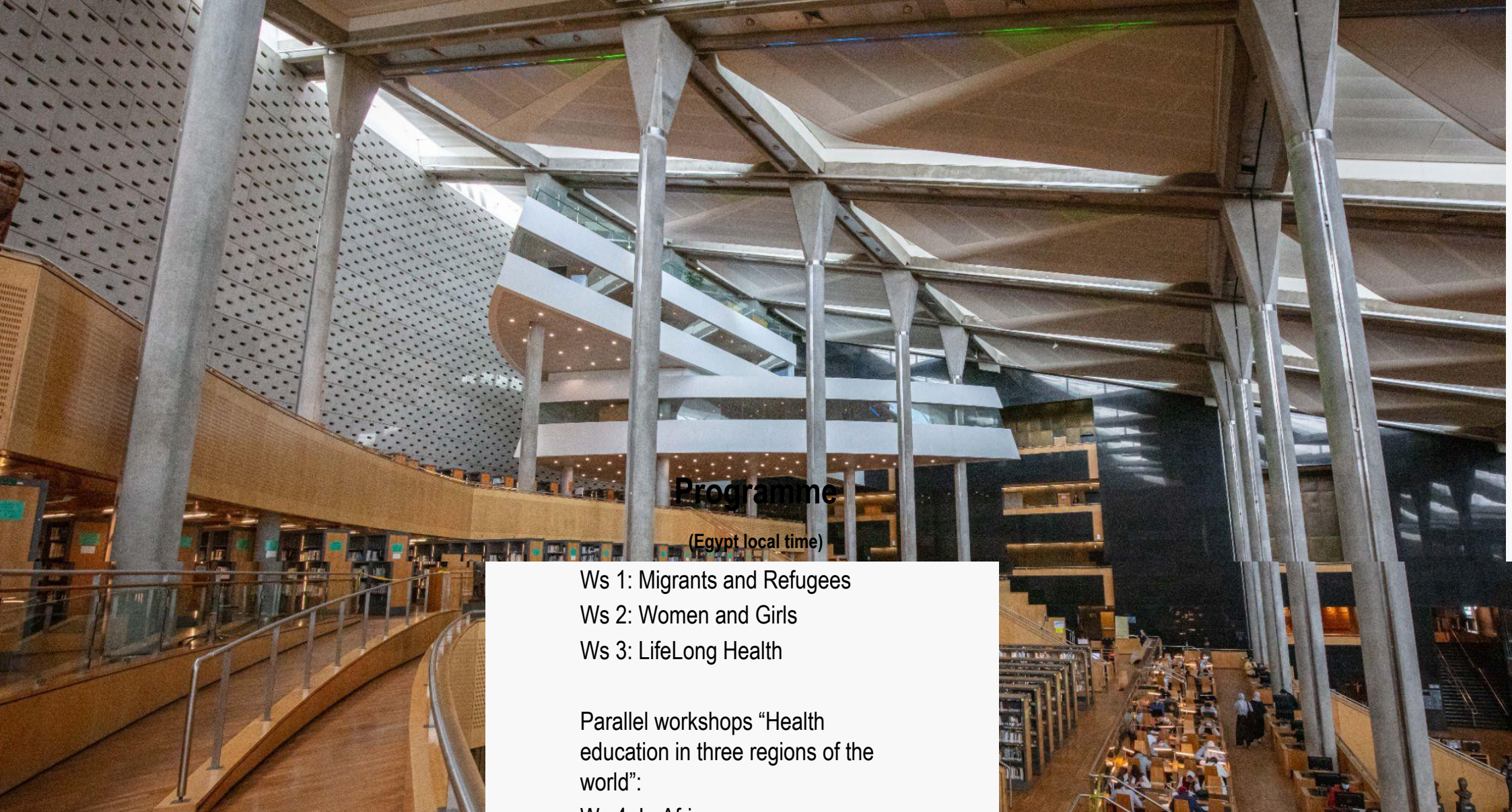
The Forum will be followed by very precise, concrete recommendations, and a DECLARATION.

*Pr HENRIQUE LOPES, International Expert in Public Health, Scientific Manager of the VIIth Forum*

## General Presentation 2/2







## Programme

(Egypt local time)

- Ws 1: Migrants and Refugees
- Ws 2: Women and Girls
- Ws 3: LifeLong Health

Parallel workshops “Health education in three regions of the world”:

- Ws 4: In Africa
- Ws 5: In South America
- Ws 6: In Asia

Conference at the French Institute of Egypt in Alexandria and reception at the Consulate General of France



16:00-19:30

**Tuesday 7/3**

Plenary session: Forum opening by officials and partners  
Introductory speeches on the subject by international experts.  
Dinner

**Wednesday 8/3**

**Thursday 9/3**

Plenary session:  
- Conference  
- Reports of the Workshops  
- Synthesis and final interventions  
- Reading of the “Declaration of Alexandria”

# Tuesday March 7th

Senghor University - GMT+2 time

16:00 Inaugural speeches

Thierry VERDEL (Egypt), Senghor University Rector

Alexandre GINOYER (France), President of CMAtlv and President of the VII Forum

16:30 Opening speeches

Stefania GIANNINI, Assistant Director General of UNESCO for Education, representing **Audrey AZOULAY**, Director General of UNESCO

Villano QIRIAZI (Albany), Director of Education at the Council of Europe

Tim NGUYEN (Switzerland), Head of Unit for High Impact Events in the Epidemic and Pandemic Preparedness and Prevention Department, WHO Emergencies Programme

David ATCHOARENA (UNESCO), Director of UIL, UNESCO Institute for Lifelong Learning

Christian HERVÉ (France), Head of the Ethics and Scientific Integrity Department of the Foch Hospital in Suresnes

Chanting of a mantra by Uma Vasudevan to wish good health to all. *Uma VASUDEVAN, Cochin Hospital, India*

Yuewei JIANG (China), President of CPMC, Co-progress Education Group

Katarina POPOVIC (Serbia), Secretary General of ICAE; Lifelong Learning Platform

Brikena XHOMAQI (Belgium) Director of the LLLP, Lifelong Learning Platform (Brussels)

Didier JOURDAN (France) UNESCO Chair for Global Health

Chanting of a mantra by Uma Vasudevan to wish study and concentration at work. *Uma VASUDEVAN.*

Hans WINBERG (Sweden), Secretary-General, Leading Health Care Foundation

Laurent CHAMBAUD (France), Member of the bioethics commission of France and president of the association of French-speaking health schools

John MIDDLETON (England), Coordinator of the Global Network for Academic Public Health, former President of ASPHER and former Chief Health Officer for North England

Ricardo BATISTA-LEITE (Portugal), President of UNITE, Global Network of Parliamentarians related to Health

17:30-17:45 Pause



**Tuesday March 7th**

Senghor University - GMT+2 time

18:00

Expert speech

Henrique LOPES (Portugal), International expert in Public Health, Scientific Coordinator of the Forum

Invited speakers

Sherine HELMY (Egypt), President of Pharco Pharmaceuticals

20:00 Dinner

# Wednesday March 8

Senghor University - GMT+2 time

The collaborative workshops, essential in the CMATlv Forums, are based on exchanges of diverse and complementary experiences, in the service of a common problem. It is a question, for all the participants and speakers, of enriching each other in order to then be able to apply the acquired knowledge, by adapting it to the different contexts. The presentations will leave plenty of room for questions, comparative and prospective analyses, suggestions, in short the possibility of the emergence of a collective intelligence in the service of the search for progress.

Each workshop will give rise to a few elements of prospective synthesis which will be proposed at the end of the workshop and then reported in plenary, in 5 minutes maximum per workshop. It is not a question of recounting the workshop or of recounting everything that was said there, but of reporting on collective awareness, the most important lessons, salient suggestions for the future.

## MORNING WORKSHOPS: 10h00 - 12h30 (simultaneously)

### Workshop 1: Health education for migrants and refugees

Pilot:

Ruud DUVEKOT (the Netherlands). UNESCO Research Fellow, Ass. Professor HU University of Applied Science

Copilot:

Shirin AZADPOUR (France). CMATlv Vice-President, head of the European project CAMPLUS

Speakers:

Ewelina CHAWLOWSKA (Poland). Poznan University of Medical Science. *Refugee and migrant health – challenges and opportunities for health education.*

Sayori KOBAYASHI (France). M.D., a master candidate in Human Rights and Humanitarian Action, Sciences Po Paris, France. *Health education in refugee camps.*

Shirin AZADPOUR (France). CMATlv. *Identification, orientation, support and monitoring of the health of refugees in the Kurdistan camps in Iraq (An experience) & The European project CAMPLUS.*

Philippe FARACHI. Founding member and current secretary of the NGO AFAM. *Health action in migrant camps in Kurdistan-Iraq.*

### Workshop 2: Lifelong health education for girls and women

Pilot:

Patrick THONNEAU (Egypt), Director, Health Department, Senghor University, Egypt

Copilot:

Marie MACAULEY (Germany), Program Specialist at UIL - UNESCO Institute for Lifelong Learning, responsible for relations with CMATlv.

Speakers:

Anne-Marie MOULIN (France), Emeritus Research Director of the CNRS (Universities of Paris and Paris 1 Panthéon-Sorbonne), doctor and associate professor of philosophy. *Introductory presentation on the theme.*

Hélène BINESSE (UK), Research Associate in Education and Development (University of Cambridge, UNESCO Chair in Literacy and Adult Learning for Social Transformation - University of East Anglia). *Health, development and gender, beyond functional literacy.*

Maïmouna NDOYE (France) Gender and Feminist approaches referent, NGO EQUIPOP (balance, health and population). *CSE and the empowerment of women and girls: issues and challenges of the dynamics of intergenerational exchange on SRHR.*

Didier JOURDAN (France), UNESCO Chair for Global Health. *Learning for health for women and girls at the local level.*

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MORNING WORKSHOPS: 10h00 - 12h30 (simultaneously)

Workshop 3: Health education as a concept of lifelong education

Pilot:

Henrique LOPES (Portugal), Professor, Public Health expert, Scientific coordinator of the VII Forum.

Copilot:

Yves ATTOU (France), Honorary President, founder of CMATlv

Speakers:

Alison McCALLUM (Scotland), *Education for health: embedding inclusion.*

Colette CUNNINGHAM (Ireland), *Leaving No One Behind (LNOB) - the role of lifelong learning in health equity in resource-poor settings.*

Mai SHARAWY (Egypt). President and Chair of the Board of MSIF – Multiple Sclerosis International Federation.

Abdelfatah IBRAHIM (Egypt). Head of Communications, Campaigns and Advocacy at MSIF – Multiple Sclerosis International Federation.

Peter NABIL (Egypt). Patient with MS, and board member of MS Care Society.

Yulia NESTEROVA (Scotland). *The importance of learning cities and whole-community approach to supporting chronically ill people and their families.*

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AFTERNOON WORKSHOPS: 14h00 - 16h30 (simultaneously)

Workshop 4: Lifelong learning to health in Africa

Pilot:

Veronica McKAY (S. Africa), University of South Africa | UNISA · College of Education (CEDU)

Copilot:

Patrick McCANN (France, United States), CMAtlv Delegate for UNESCO

Speakers:

Head of the Tirisano Project - D. Kotze, A. Makina and L. Roets, UNISA. *Collaboration towards community-based responses to health and wellbeing.*

Costase NDAYISHIMIYE (Rwanda), Europubhealth +, Institute of Public Health, Faculty of Health Sciences, Jagiellonian University Medical College, Poland/Rwanda

Lindiwe ZUNGU (South Africa). *Learning for healthy workplaces: The role of training for occupational health*

Hyline MORARA (Kenya). *Training interventions for mitigating the impact of mental health conditions*

Leon ROETS (South Africa). *Community-centred learning in curricula to mitigate impacts of disease and illness within an African context.*

Workshop 5: Lifelong learning to health in Central and South America

Pilot:

Raúl VALDÉS-COTERA (Germany) Director Learning Cities Network - UIL, Hamburg

Copilot:

Francisco QUEIRUGA (France, Spain), CMAtlv Latin America Delegate and Pt CCLAM

Speakers:

**Gabriel RIOS**, coordinator of the learning city Villa Maria (Argentina)

Bogotá (Colombia) - *speaker to be announced.*

Mexico City (Mexico) - *speaker to be announced.*

# Wednesday March 8

Senghor University

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AFTERNOON WORKSHOPS: 14h00 - 16h30 (simultaneously)

Workshop 6: Lifelong learning to health in Asia

Pilot:

Yuewey JIANG (China), CPMC President, Shanghai

Copilot:

Jean ROCHET (France), CMATlv Vice President, EU Delegate

Speakers:

Dominic Yuenchun LAI. *Eco Healthcare Education. Methodology: Regional Econometrics + Ecological.*

Tony Chang-Hyon NAM. *Lifelong education and high-tech preventive healthcare. The case of South Korea with High Tech Medical Checkups.*

Yingjie DU. *The government promotes the construction of an education system for the elderly to meet their learning needs and promote physical and mental health.*

Xiaohua WANG. *The correlation between lifelong education and the quality of life of the elderly in China.*

Lee Wei FOO. *The action learning of the true purification of body, mind and soul help improve human comprehensive health.*

18h : Conference at the French Institute

*Taking care of yourself in ancient times. (awaiting confirmation)*

20h : Cocktail at the French Consulate

*By invitation*

The background of the slide is a detailed relief carving from an ancient Egyptian tomb. On the left, a large seated figure, likely the deceased, is shown in profile, wearing a large headdress and holding a staff. To the right, several smaller seated figures, possibly family members or deities, are depicted. In the center, there are several large, rounded objects, possibly jars or offerings, arranged on a platform. The entire scene is carved into a light-colored stone surface.

# Take care of yourself in Ancient Egypt

Conference by Gihane ZACKI, Egyptologist

French Institute of Egypt in Alexandria at 6 pm (GMT+2 time)



# Jeudi 9 mars

Senghor University - GMT+2 time

Conference room

## 09:30 - 12:00 Summaries/Foresight

09:30 Conference

*Why do we want to save humanity and its support, the planet? Is the Bibliotheca Alexandrina, temple of universal and timeless knowledge, an heir, a witness or a prefiguration?*

Views crossed with (*subject to confirmation*):

Ahmed MANSOUR (Egypt), Director of the Center for Writings and Manuscripts of the Bibliotheca Alexandrina (*awaiting response*)

Jean-François FAÛ (France), Emeritus professor at Senghor University, historian, former diplomat.

10:00 Reports of the workshops

Reports of the 6 workshops, in 5 minutes for each

11:00 Synthesis and final interventions

Raúl VALDÉS-COTERA (Germany), UIL - UNESCO Institute for Lifelong Learning (*pending confirmation*)

Katarina POPOVIC (Serbia), Secretary General of ICAE - International Council for Adult Education

Andrea LAPEGNA (Belgium), Deputy Director of the LLLP - LifeLong Learning Platform

Yuewei JIANG (China), CPMC President

Yves ATTOU (France), Honorary President Founder of CMAtlv

Ruud DUVEKOT (Pays-Bas), UNESCO Research Fellow, Prof. adjoint à HU University of Applied Science

12:00 Summary of the Forum and solemn declaration

Henrique LOPES (Portugal), Professor, Public Health expert, Scientific Coordinator of the Forum

12:15 Closing of the Forum

Thierry VERDEL (Egypt), Senghor University Rector

Alexandre GINOYER (France), CMAtlv President

12:30 Lunch Buffet

Afternoon

Guided tour of the Bibliotheca Alexandrina

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